

LOUSSIOS

Loussios is a river in the Peloponnese, tributary of Alpheus, with approximately 23 km. length. According to the tradition, the nymphs Neda Agno and Theisoa bathed there the newborn Zeus.

Loussios crosses an impressive gorge (15 km long and about 2 km wide) on both sides of which we find two historic monasteries, the “Philosopher” and the “Baptist”.

On the west side of the gorge passes the national trail 32 (offshoot of the European path E4 GR), which starts from Vytina and ends to Gythion. Loussios is offered for alternative tourism (hiking, canoeing and rafting).



The Loussios canyon is one of the major sights in Arcadia. A place highly charged historically and religiously, is also an area of rare natural beauty, one of the most impressive canyons in Greece.

The area is also known as the Holy Mountain of Peloponnese, because of the many historic monasteries, hermitages and churches. The monastic life was very intense in the region.

Currently is available for sporting activities.

